



Mount Colah Public School

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Website: www.mtcolah-p.schools.nsw.edu.au

Telopea Street
Mount Colah
NSW 2079

28 February 2018

Year 5/6 Hill End Excursion 19th March – 21st March 2018

Dear Parents,

In preparation for our Bathurst excursion in week 8, we require parents to complete the medical form attached. If your child takes medication daily or regularly, please make note of it on this form. If your child needs to take other medication e.g. antibiotics, while on the excursion, you will have another form to complete just prior to the excursion.

It is also important that any special dietary requirements or food allergies are listed. Please write N/A or 'not known' if not applicable. The medical form needs to be returned by Friday 9 March, to your child's teacher.

The accompanying list of items is a suggestion on what to pack for the excursion.

If you have any queries, please see your class teacher or Mr Tod.

James Tod
Assistant Principal
Stage 3

Dr John Paterson
Principal



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Year 5/6 – Bathurst - 2018 Medical Form

Name: _____

Address: _____

Phone: _____ Medicare No. _____

Emergency Contact: _____

Allergic to Bee Stings	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Allergic to Penicillin	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Immunised against Tetanus	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Travel Sickness	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
Wets the bed	Yes	<input type="checkbox"/>	No	<input type="checkbox"/>

Any medical problems that should be known (including allergies):

Current Medications (including travel sickness pills, asthma sprays):

Please Note

All medications (except for travel sickness pills and asthma sprays) to be clearly marked with all necessary directions and handed to the teacher in charge, with the letter of authority.

Additional Information (Include special dietary requirements for cultural, religious or medical reasons)

I give permission for my child to be taken to a doctor or hospital for medical treatment if deemed necessary by the supervising teacher.

Signature: _____

Parent/Guardian

Date: _____



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Years 5/6 Bathurst Excursion - 2018

What to bring - All items to be labelled with child's name

Essential Items

- All usual toiletries - toothbrush, toothpaste, soap, brush/comb, roll on deodorant, sunscreen etc.
- Towel
- Sleeping bag
- Pillow case
- 3 changes of clothing
- Parka or Warm Jacket
- 3 sets of undies
- 4 pairs of socks
- Gumboots (an essential item for gold panning)
- Tracksuit
- Sunhat
- Pyjamas, slippers or equivalent
- 1 beanie and hat
- 2 dirty clothes bags (e.g. green garbage bag)
- 1 small bag (hand luggage for daily use)
- 1 medium sized suitcase
- Drink bottle

Please check the weather for Bathurst before going as this will give you an idea of what kind of clothes to pack.

Optional Items

- Camera
- Spending money (\$25 maximum)
- Small games/cards/iPod etc. Please no mobile phones.
- Book, paper and pencils

Children will be responsible for looking after their own money and valuables so should only bring what they will need. Please do not pack your child any lollies or junk food.

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Administration of Medication - Authority

Bathurst excursion. If your doctor feels that your child is well enough to attend the excursion, but needs some form of medication during our 3 days away, please complete and sign the following note.

I request that my child _____ Class _____
be allowed to take _____
(name of medication)

which has been prescribed by Dr. _____

My child is to take the dose written on the label at _____ (time) each day until
_____ (date of last dose).

I authorise Mt Colah Public School staff on the excursion to administer the above mentioned medication to my child. Please hand all medication to your class teacher prior to getting on the bus.

Signature: _____
Parent/Guardian

Date: _____